

ANY SPECIAL DIETARY NEEDS?

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ANY OTHER NEEDS?

e.g. require a bedroom with no stairs. Any health problems, or medication which we should know about? (Strictly in confidence.)

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TRAVEL

We recommend the train from London Waterloo via Paris or Lille. Although it's a longer journey than the flight, it's much more restful (especially as air travel seems to be increasingly fraught), and Bétou is only about 25 minutes drive from Agen station.

On the day of your arrival we will meet the evening train at Agen station, and we will return you there for your departure.

For any other arrivals/departures (eg Bergerac, Toulouse or Bordeaux airports) we can arrange lifts, but will have to make a charge.

Would you like to be put in touch with other students on your holiday
About the possibility of sharing car hire for the week?

YES / NO

CONTACTS IN CASE OF EMERGENCY

For self:

NAME.....TEL (home).....
(mobile)..... email

For room-sharer:

NAME.....TEL (home).....
(mobile)..... email

Bétou Holidays

COURSES IN SOUTH-WEST FRANCE

ALEXANDER TECHNIQUE

with Chloë Stallibrass

Sunday 24th June – Sunday 1st July 2007

BOOKING FORM

Please phone or email Caroline Cooper (see over) to discuss availability before posting this form. She will reserve places for seven days before receiving your completed form and deposit.

SURNAME FIRST NAME

ADDRESS

.....

..... POSTCODE

TEL (home)(mobile)

Email

2nd student or non-student partner sharing your room:

SURNAME FIRST NAME

ACCOMMODATION

Please choose your room category; feel free to phone or email for more information as all the rooms vary in outlook and situation.

Prices are per person for seven nights, full board.

Because most of our students come alone, we make no supplement for single occupancy.

U	Unconventional: two charming rooms, but a short walk across the grass to bathroom and w.c.	£400
Sh	Sharing a bathroom with the occupants of another room: three spacious twin or double rooms	£450
ES	En-suite: three double or twin rooms, two with French windows, one with a covered balcony	£500
S	Suite: huge luxury upstairs double room with mezzanine, sitting room with fireplace and further single bed, wonderful bathroom and separate w.c., outside stone steps and small covered terrace	£575

plus

TUITION	£150
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FOR FURTHER INFORMATION

About the teaching: Chloë Stallibrass ☎ 020 7483 4830
email: stallic@wmin.ac.uk
www.londonalexander.co.uk

About Bétou: Caroline Cooper ☎ 020 7586 2523
email: betouholidays@britishlibrary.net

PAYMENT

At this stage we request a deposit of £100 per person per week to secure your room.

(To cover our costs in the case of your cancellation, we regret that the deposit is non-refundable.)

Your balance is due six weeks before your holiday starts, i.e. by Sunday 13th May

My/our total for the holiday will be £. for accommodation
plus £. for tuition = total £

I enclose the deposit of £100 per person booked, ie. £

I agree that I/we will take out holiday insurance and to the terms and conditions as stated below.

Signed Date

Please make your cheque payable to *Bétou Holidays* and post it with this form to : *Bétou Holidays*, 68 Regent's Park Road, Lond. NW1 7SX

We will send a letter of acknowledgement with further details about payment, what to bring, and – if timetables are available by then – about trains.

SOME SMALL PRINT

INSURANCE

Please take out full holiday insurance including cover for medical and accident expenses, personal liability, loss of personal property, and the eventuality of your cancellation.

European Health Insurance Cards are available through the Post Office.

CANCELLATIONS

Cancellations must be made in writing.

We will attempt to re-book your place/s, and if successful will refund your balance.

In the unlikely event of cancellation by us, we will advise you as soon as possible and give a full refund. We reserve the right to provide alternative professional tutor/cook and/or accommodation should unforeseen circumstances arise.